



VICTORIAN CONTINENCE RESOURCE CENTRE

8TH ANNUAL STATE CONFERENCE 2019

PROACTIVE CONTINENCE CARE

REGISTRATION

MAY 30-31, 2019

RACV TORQUAY RESORT

CONTINENCE FOUNDATION OF AUSTRALIA VICTORIAN BRANCH



VICTORIAN CONTINENCE RESOURCE CENTRE

8TH ANNUAL STATE CONFERENCE 2019

VISION

Speaking up for continence health

MISSION

Awareness, prevention and treatment

VALUES

Collaboration
Respect
Empowerment
Dignity
Service

OUR MEMBERS

Continence Health Professionals
Industry Partners
Health Care Providers
Consumers

OUR COMMITTEE

Terry Wesselink - Executive Officer VCRC
Jenny Rivett - Marketing Comms VCRC
Katrina Ziebarth - NCS VCRC
Dr Jos Jayarajan - Organising Committee
Kate McLeod - Organising Committee
Julienne Moore - Organising Committee
Dr Sharon Schuster - Organising Committee

WE WELCOME YOU

We welcome you to join us at our 8th Annual Victorian State Conference to be held over two days from May 30-31, 2019 at RACV Torquay Resort.

The State Conference was first held in 2012 as an initiative of the VCRC and has quickly become a much anticipated annual event in the professional development calendar.

The Theme this year is Proactive Continence Care; Good Nights and Better Days.

The diverse program will appeal to Continence & Health professionals from all walks including; continence nurse consultants, pelvic floor physiotherapists, general practitioners, specialist physicians, allied health professionals, nurses in the specialty fields of community, rehabilitation and aged care nursing, midwives, maternal and child health nurses, undergraduate students in health sciences and any other health professionals with interest in bladder and bowel health.

The objectives are to:

- 1) Engage a diverse range of health professionals to strengthen and transform their local continence efforts
- 2) Examine new evidence and how it translates into practice
- 3) Provide current and potential members of the Continence Foundation of Australia with affordable state based education and an opportunity to network with their peers

We are looking forward to seeing you in Torquay.

Michael Croker - President
Terry Wesselink - Executive Officer
Continence Foundation of Australia Victorian Branch Inc
Victorian Continence Resource Centre



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REGISTRATION

REGISTRATION TYPE	EARLY BIRD BEFORE APRIL 5	AFTER APRIL 5
Member (One or Both days)	\$200	\$230
Non-member (One or Both days)	\$230	\$260
Student (One or Both days)	\$185	\$185
Cocktail Reception Evening of Thursday May 30th (Not included in ticket price)	\$55	\$55

ENQUIRES

For all enquiries contact us on +61 (03) 9816 8266 or
conference@continencevictoria.org.au

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THURSDAY MAY 30 PROGRAM BRIEF

ProActive Continence Care: Good Nights 1.00pm - 5.00pm

Sleep and Incontinence in Adults

Dr Christopher Worsnop
Respiratory & Sleep Medicine Physician
Austin Health

Nocturia - Conservative management

Claire Ervin
Nurse Continence Specialist

Between the Covers – managing vulval pain & intimacy in menopause

Cara Richmond
Pelvic Health Physiotherapist

Nocturnal Enuresis

Andrea Green
Nurse Continence Specialist

Enuresis treatment for children with neuro-developmental disorders

Dr Sharynn Schuster
Psychologist

Setting the scene for inclusive practice

Bowie Stover & Zay Canters
Fearless Movement Collective

Hot Spots

Tell us Something New - Sleep Well product innovations

Trade Sponsors
TBC

5:30pm Cocktail Reception

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FRIDAY MAY 31

PROGRAM BRIEF

ProActive Continence Care: Better Days 8.00am - 3.00pm

Getting the bowels right in early toilet training
Practical tips and success stories

Debbie Atkins
Occupational Therapist

Red Flags – Intimate Family Violence and
Incontinence

Dr Deirdre Gartland
Murdoch Children's Research
Centre

IAD – getting the right product at the right time

Kerry Poole
Nurse Continence Specialist
VCRC

Post Childbirth Trauma

Amy Faulkner
Clinic Lead
Monash Health Continence Service

Platinum & Gold Sponsor

Trade Sponsors
TBC

Trade Exhibition

Trade Sponsors
TBC

Building Rapport and Compliance – the latest evidence
and practical tips

Annabelle Citroen
Pelvic Health Physiotherapist

Urinary Microbiome

Professor Pat Charles
Consultant Infectious Diseases

Hot Spots

Tell Us Something New – Better Days product innovations

Trade Sponsors
TBC

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CONTINENCE FOUNDATION OF AUSTRALIA VICTORIAN BRANCH

DESTINATION

RACV TORQUAY

Located at number 1 Great Ocean Road and perched within the backdrop of the Torquay and Jan Juc beaches, RACV Torquay Resort is set on a picturesque golf course with spectacular ocean views. With easy access to the seaside town Torquay and Jan Juc beaches, this is the perfect destination for conferences and events.

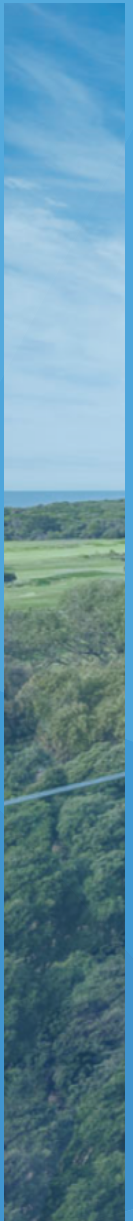
Guests can enjoy onsite leisure facilities that include an 18-hole golf course, tennis courts, indoor swimming pool, spa, sauna, One Spa Day Spa, One Lifestyle Fitness Centre with group exercise classes, games room and a children's playground. Dining choices include Number One Restaurant, Bar, Lounge and White's Paddock Bistro & Bar.

PARKING

Onsite car parking is available
RACV Torquay Resort
1 Great Ocean Road
Torquay
Victoria 3228
Australia

Ph +61 (03) 5261 1600

For more information about the venue go to the RACV Torquay Club website.



RACV TORQUAY RESORT



VICTORIAN CONTINENCE RESOURCE CENTRE

ACCOMMODATION

RACV Torquay Resort has reserved 30 rooms for our event.
To book, phone +61 (03) 5261 1600 and quote Continenace Victoria

Room Type	Cost (Room + 1 Guest & Breakfast)	Cost (Room + 2 guests & Breakfast)
Golf/Ocean View	\$275	\$300
Premium Ocean View	\$335	\$360

Room Descriptions

Golf/Ocean View : With 42 rooms situated on level 1-3, their Golf and Ocean View rooms have ample space to relax.

Premium Ocean View: With 46 rooms on level 4 & 5 provide breathtaking views of Torquay Surf Beach and beyond. Each room is supplied with a Nespresso machine and Loccitane amenities.

Reservations are to be made on an individual basis by:

Calling the Reservations Department at the resort directly on 03 5345 9600 and quote Continenace Victoria.

If you are an RACV or auto club member, mention this to the Reservation's team
You must provide a deposit of one night's accommodation on credit card to be processed at the time of booking.

Any cancellations of room bookings within 24 hours of arrival date will incur a cancellation fee of one night's accomodation.

Full payment of accommodation and incidentals will be processed on check out.



RACV TORQUAY RESORT



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DESTINATION

LOOKING TO GO FURTHER AFEILD?

ACCOMMODATION

If you desire to stay elsewhere but within proximity of the event there are ample opportunities available.

Please visit torquaylife.com.au/accommodation/ for further information on other accommodation options

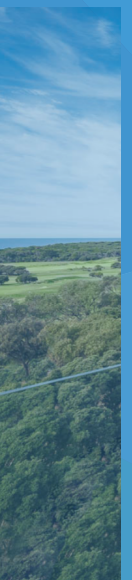
THINGS TO SEE AND DO

Torquay is a vibrant seaside town at the east end of the world renowned Great Ocean Road coastal drive, southwest of Melbourne, Australia. It's known for surf beaches like Bells Beach and Jan Juc Beach as previously mentioned. The Surf Coast Walk trail starts at Point Impossible Beach and heads southwest via Point Danger Marine Sanctuary. Torquay is also 21km south of Geelong and the picturesque Bellarine Penininsula. For further information on things to do if you desire to extend your stay in the region visit:

torquaylife.com.au
visitgreatoceanroad.org.au
visitgeelongbellarine.com.au



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VICTORIAN CONTINENCE RESOURCE CENTRE

TERMS AND CONDITIONS

Cancelation policy

Cancellations up to and including April 26th 2019 will incur a \$100 cancellation fee. There will be no refunds after April 26th 2019. Registrations can however be transferred within an organisation if the Victorian Continence Resource Centre is advised in writing. All refunds will be actioned after the conference.

Conditions of Payment

Registration entitlements will be delivered upon receipt of a booking from via TryBooking and full payment is received. Payment of fees must accompany all registrations at the time of booking. Registrations are processed by TryBooking. Try-Booking offers a secure payment gateway that accepts Visa, Mastercard and Amex debit or credit cards.

Disclaimer:

The information contained in this brochure is correct at the time of print. The Organising Committee reserve the right to change the program without notice. Updates prior to the conference will be published on continencevictoria.org.au and regular notification given via email and select social media platforms periodically leading up to the event. It is the responsibility of registrants to check with the event organiser regarding points of clarification and arrangements at the time leading up to and of the conference.

Privacy policy

Your name, organisation and country/state of origin may be published on the delegate list which is provided to exhibitors and sponsors at the event. If you do not wish your details to be included in this list, please contact us.

Insurance

Delegates, Sponsors and exhibitors are strongly advised to arrange general, health and travel insurance for themselves, their staff and goods. The Organising Committee will not accept any liability for loss or injury.

Special Requests

Any special requests for registration must be made known and pre-approved in advance by the Victorian Continence Resource Centre.



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APPLICATION

Applications for registration at the Continenence Foundation of Australia
8th Annual State Continenence Conference are open.

TRYBOOKING LINK

To book, please visit
Trybooking.com/BATUI

For further information, or if you have any questions regarding registration,
please contact us on +61 (03) 9816 8266 or conference@continenencevictoria.org.au



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VICTORIAN CONTINENCE
RESOURCE CENTRE

The logo for the Victorian Continence Resource Centre (VCRC) is a large, stylized speech bubble. It is composed of several overlapping, rounded shapes in various shades of blue and teal. The letters "VCRC" are written in a bold, white, sans-serif font in the center of the speech bubble.

VCRC

The RACV logo is a small, dark blue triangle pointing upwards, positioned above the text "RACV TORQUAY RESORT".

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VICTORIAN CONTINENCE RESOURCE CENTRE

The logo for the Victorian Continence Resource Centre (VCRC) features the letters 'VCRC' in a bold, white, sans-serif font. The text is centered within a dark teal speech bubble. This speech bubble is part of a series of overlapping, semi-transparent speech bubbles in various shades of blue and teal, creating a dynamic, layered effect.

VCRC

16 Martin Street
Heidelberg
Victoria 3084



P Street News



Below The Belt Patrol



goagainsttheflow.org.au

(03) 9816 8266

continencevictoria.org.au

conference@continencevictoria.org.au

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